




2021-22 CURRICULUM MAP- YEAR 12 BTEC SPORT

<p>HALF TERM 1: Anatomy and Physiology-</p> <p>KQ1 - The structure of the skeletal system</p> <ul style="list-style-type: none"> Major bones, types of bones/ areas of the skeleton/ process of bone growth. <p>KQ2 - The functions of the skeleton</p> <ul style="list-style-type: none"> When performing sporting techniques and actions Main functions of different bone types during sporting techniques and actions. <p>KQ3 – Joints</p> <ul style="list-style-type: none"> Upper and lower skeletal joints Classification of joints Types of synovial joints Structure and function of synovial joints in sporting actions Range of movement at synovial joints <p>KQ4 – Responses of the skeletal system to a single exercise session</p> <p>KQ5 – Adaptations of the skeletal system to exercise</p> <ul style="list-style-type: none"> Long term effects of exercise, and the impact <p>KQ6 – Additional factors affecting the skeletal system</p> <ul style="list-style-type: none"> Skeletal disease Age 		<p>Unit 1- Anatomy and Physiology http://www.ismni.org/jmni/pdf/24/11RITTWEGER.pdf</p> <p>Unit 22- https://www.bbc.co.uk/bitesize/guides/zpx7gdm/revision/1 https://teaching.shu.ac.uk/hwb/sport/techandinov/showcase0809/paula_price/sportsprovision2.html</p> <p>Unit 7 – Practical Sport http://www.thefa.com/ - the football association (The FA) www.badmintonengland.co.uk – Badminton Association of England www.ukssport.gov.uk – UK Sport https://www.basketballengland.co.uk/</p> <p>Unit 8- Coaching for performance https://wheecorea.com/sports-column/leader-and-leadership-pep-guardiola-effect-to-the-world-football/</p> <p>Unit 25- Rules, Regulations and officiating in sport https://www.footballhistory.org/rules.html https://the18.com/soccer-entertainment/lists/timeline-soccer-rule-changes-evolution-laws</p>
<p>KQ1 – Characteristics and functions of muscles and their use</p> <ul style="list-style-type: none"> Cardiac, Skeletal, Smooth <p>KQ2 - Major skeletal muscles of the muscular system</p> <ul style="list-style-type: none"> Location of major skeletal muscles, and their use in a range of actions <p>KQ3 – Antagonistic muscle pairs</p> <ul style="list-style-type: none"> The movement of specific muscles in antagonistic pairs and their use in a variety of sporting actions <p>KQ4 – Types of skeletal muscle contractions</p> <ul style="list-style-type: none"> Skeletal muscular contractions used in sporting actions <p>Practical Sports Performance</p> <p>KQ1- What are the National Governing Body rules/laws and regulations for a chosen team and individual sport?</p> <ul style="list-style-type: none"> NGB Rules/ Laws Competition rules/ laws Unwritten rules Situations where rules are applied. Regulations for sports under competition rules to include the regulations for players, participants, equipment, playing surface/area, health and safety, facilities, scoring system, spectators. 		<p>6 mark responses</p> <p><u>Unit 22</u> Research on a real life example of either a private, public or voluntary sector. Report written on their aims (and if they are met), scope, target groups, services etc</p> <p>Unit 7 – Practical Sport Describing and explaining the rules in place by selected national and international governing bodies. Specific details of rules and their impact on the game. Understanding of NGBs and their role in the chosen sports rules and regulations.</p> <p>Unit 19 – Development and Provision of Sport</p> <p>Note taking and mind mapping of the sport development continuum and how sport and physical activity look in each section</p>
		<p>Unit 7 – Practical Sport</p> <p>Explaining why rules and regulations are in place? How does the reason for the rule being in place affect the game? Class discussion around the types of joints, and movements at joints Discussion around antagonistic pairs, and how they work in a variety of sporting actions. Students to demonstrate the</p>



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<p>Coaching for performance KQ1- Investigate S/ Q/BP of performance coaches. A) Skills, knowledge, qualities and best practise for coaching for performance. KQ2- Produce a self-reflection of personal coaching ability. A) skills, qualities and best practise- evaluate and critique current ability. Rules, Regulations and officiating in sport KQ1- Understand the development of the r/r of officials involved in sport. A) NGB rules/ laws and regs in different sports. Current day rules/ regs/ history of rules/ formation of NGBs/ effects of media. KQ2- Officials/ historical development/ current issues in sport. A) Officials and their historical development/ influences that impacted on the role. B) Roles and responsibilities- Ref/ linesman/ judge/ umpire. Application of rules C) current issues in officiating (sport specific, other issues e.g. political/ social). Investigating Business in Sport and the active leisure industry KQ1 – Features and organisation of sport and active leisure business A) Types of sport and active leisure businesses (private, public, voluntary) B) Scope of business activities (local, national, international, multi-national) C) Size of business (micro, small, medium, large) KQ2 – Aims and objectives of sport and active leisure businesses A) Aims and objectives of sports and active leisure businesses in different sectors (private, public, voluntary) B) Objectives (using SMART targets) KQ3 – Provision of sports facilities, programmes and services A) The purpose of provision and services B) Programmes to promote participation (health and fitness, school, sports, gym, swimming, enabling demand, serving specific groups) C) Services (instruction, therapeutic, customer service) Additional facilities (refreshments, car parking, lockers, changing rooms, creche) KQ4 – customer groups in a sport and active leisure business A) customer groups in sport targeted through demographic and purpose B) Demographic (age, gender, ethnic minority, disability, socio-economic) C) Purpose (in specific activity, recreational, weight loss, personal image, health maintenance, training for performance, charitable)</p>		<p>actions, and explain to peers how the muscles involved are working. Correct pronunciation of key words Unit 22 Discussions around real life examples of each of the sectors looking at their scope, aims and provision.</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>What is community cohesion and what impacts can sport have on it? What can prevent and encourage people from taking part in sport and phsycail activity? Are there ways we can overcome barriers to this?</p>
		<p>Science – using the skeleton for the location of major bones, use of levers for movements</p> <p>Unit 22 Business studies: 3 types of sector and the aims of each</p> <p><u>Unit 7 – Practical Sport</u></p> <p>PSE – Rule of law. Democracy Practical or core PE links and knowledge of sports and their rules and regulations.</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>Core PE Biology - Health and wellbeing</p>





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<p>D) programming to meet the customer needs (staffing, provision, legal requirements)</p> <p>Development and Provision of Sport</p> <p>KQ1 – What are the principles of sport development?</p> <ul style="list-style-type: none"> • Understanding why participation, inclusivity and progression through the sport development continuum are important and should be encouraged • Understanding the sports development continuums 4 stages: foundation, participation, performance and elite. <p>KQ2 – What can affect the levels of participation in sport and physical activity?</p> <ul style="list-style-type: none"> • Understanding barrier to participation, target groups and solutions to these barriers. • The impact of sports development on community cohesion, health and wellbeing, regeneration of an area, crime rates and education 		
<p>HALF TERM 2:</p> <p>Anatomy and Physiology</p> <p>KQ5 – Fibre types</p> <ul style="list-style-type: none"> • Fibre type recruitment during exercise • Characteristics of each fibre type • Nervous control of muscle contraction <p>KQ6 - Responses of the muscular system to a single exercise session</p> <p>KQ7 - Adaptations of the muscular system to exercise</p> <ul style="list-style-type: none"> • Long term effects of exercise, and the impact <p>KQ8 – Additional factors affecting the muscular system</p> <ul style="list-style-type: none"> • Cramp • Age <p>KQ1 – Structure of the respiratory system</p> <ul style="list-style-type: none"> • Structure of the respiratory system • Intercostal muscles <p>KQ2 - Function of the respiratory system</p> <ul style="list-style-type: none"> • Mechanisms of breathing • Gaseous exchange <p>KQ3 – Lung volumes</p> <ul style="list-style-type: none"> • Know definitions of lung volumes and how they respond to exercise <p>KQ4 – Control of breathing</p> <ul style="list-style-type: none"> • How breathing is controlled in response to exercise <p>KQ5 – Responses of the respiratory system to a single exercise session</p> <p>KQ6 - Adaptations of the respiratory system to exercise</p> <ul style="list-style-type: none"> • Long term effects of exercise, and the impact 		<p>Unit 1- Anatomy and Physiology</p> <p>Muscle fibre types - https://academic.oup.com/ptj/article/81/11/1810/2857618</p> <p>Effects of exercise on the muscular system - http://www.raijmr.com/ijrhs/wp-content/uploads/2017/11/IJRHS_2013_vol01_issue_05_11.pdf</p> <p>Altitude training - https://journals.physiology.org/doi/pdf/10.1152/jappl.1975.39.2.262</p> <p>Unit 22</p> <p>SWOT analysis - http://mydesievent.com/wp-content/uploads/2014/10/Harrison_Chapter5.pdf</p> <p>SWOT and pestle analysis: advantages and disadvantages - https://www.revistaespacios.com/a18v39n12/18391222.html</p> <p>Unit 7 – Practical Sport</p> <p>http://www.thefa.com/ - the football association (The FA)</p> <p>www.badmintonengland.co.uk – Badminton Association of England</p> <p>www.ukssport.gov.uk – UK Sport</p> <p>https://www.basketballengland.co.uk/</p> <p>https://www.brianmac.co.uk/ - sports skills, classification and characteristics of skills.</p> <p>Unit 19 – Development and Provision of Sport</p>





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<p>KQ7 – Additional factors affecting the muscular system</p> <ul style="list-style-type: none"> • Asthma • Altitude/partial pressure <p>Practical Sports Performance</p> <p>KQ2- What are the roles and responsibilities of officials in your two chosen sports?</p> <ul style="list-style-type: none"> • Key officials and their roles e.g. ref/umpire. • Responsibilities of officials. <p>KQ2 – What are the different skills, techniques and tactics used in your chosen sports</p> <ul style="list-style-type: none"> • The skills required in specific sports, and the applied technique of the skill for effective participation. • Breakdown of skills: continuous skills, serial skills, discrete skills, attacking skills, defensive skills. • Breakdown of how the techniques of the skill are applied for effective participation to include continuous, serial, discrete, attack, defence. <p>KQ2 - What are the tactical demands of your chosen sports?</p> <ul style="list-style-type: none"> • Defending and attacking, e.g. formations, shot selections, movement, body position, phases of play, use of space. • Decision making. • Communication. • Environmental conditions. <p>Coaching for performance</p> <p>KQ1) Explore practices used to develop skills, techniques and tactics for performance.</p> <ul style="list-style-type: none"> • Isolated, conditioned and competitive situations • Practicality, suitability and effectiveness • Adaptation of practices to promote development of performance <p>KQ2- Demonstrate effective planning of coaching for performance.</p> <ul style="list-style-type: none"> • Planning considerations • Planning for an individual session for performance • Planning for an overall series of sessions for performance. <p>Rules, Regulations and officiating in sport</p> <p>KQ2) Explore the performance of officials in a selected sport</p> <ul style="list-style-type: none"> • Applying rules/ laws/Regulations to different situations. • Analysing officials in different sports. <p><u>Investigating Business in Sport and the active leisure industry</u></p> <p>KQ1 – Stakeholders and their influence on sports and active leisure businesses</p>		<p>(BTEC National Sport: Student Book 1 (with ActiveBook), ISBN: 9781292134000)</p> <p>https://www.sportengland.org/</p> <p>https://www.ukssport.gov.uk/</p> <p>Research national governing bodies</p> <p>Local authorities links with sport and the leisure sector</p> <p>Unit 8- Coaching for performance</p> <p>https://www.thefootballcentre.com.au/isolated-practice-how-important-is-it/</p> <p>https://www.sportplan.net/sketches/Soccer/openSketch/6004847</p> <p>Unit 25- Rules, Regulations and officiating in sport</p> <p>Analysing officials- Neville and Carragher</p> <p>Part 1-Fitness Test-</p> <p>https://www.youtube.com/watch?v=2GAZZWAIB-8</p> <p>Part 2- Linesman-</p> <p>https://www.youtube.com/watch?v=_pGMRN5KN8M</p> <p>Part 3- Evaluation session-</p> <p>https://www.youtube.com/watch?v=Yeap7FbXi2g</p>
		<p>6 mark responses</p> <p>Unit 22</p> <p>Scenario given and SWOT analysis performed in timed conditions</p> <p>Scenario given and PESTLE analysis performed in timed conditions</p> <p><u>Unit 7 – Practical Sport</u></p> <p>Written description of the roles and responsibilities of officials and how they compare and contrast to the officials of other sports.</p> <p>Description of the skills, techniques and tactics used in the sport.</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>Written profiles of stakeholders, showcasing what they offer to sport, the provision of sport and sport development</p>
		<p>Peer explanation of the structure and function of the respiratory system.</p> <p>Correct pronunciation of key words.</p> <p><u>Unit 7 – Practical Sport</u></p>





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<p>A) Types of stakeholders - Internal (managers, employees, owners, shareholders) External (suppliers, competitors, customers, communities, government agencies) KQ2 – Laws, legislation and safeguarding relevant to the sport and active leisure industry A) Equality and diversity legislation, safeguarding, data protection, health and safety legislation, employment legislation KQ3 – Business models A) SWOT (strengths, weaknesses, opportunities, threats) B) PESTLE (political economic, social, technological, legal, environmental) Development and Provision of Sport KQ1 - What are sport development stakeholders and what is their role in sport development?</p>		<p>How do are specific tactics used in a a game? What are the advantages and disadvantages of certain tactics?</p> <p><u>Unit 22</u> Which analysis do you feel is more benfitial? What are the advantages and disadvantages of tthe different types of stakeholders</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>What is the main role of particular stakeholders and how do they develop sport?</p> <p>Why do some stakeholders have varying aims and projects if developing sport is the main goal?</p>
<p>KQ1 - What are sport development stakeholders and what is their role in sport development?</p> <ul style="list-style-type: none"> Understand the roles and functions of people and organisations in sports development and have an awareness of sports development stakeholders The function and key personnel within a sporting context. <p>KQ2 - How do sport development stakeholders link with wider sports development?</p> <ul style="list-style-type: none"> Local, national and global level stakeholders and the benefits they can bring locally, nationally and internationally. Be familiar with specific stakeholders and their function: Sport England, UK Sport, politicians, facility management, National Governing Bodies (NGBs), world governing bodies, voluntary/public/private sector, education providers, healthcare providers. Stakeholder function: funding, resourcing, promoting, coaching, strategic planning, research and consultation groups. 		<p>Science – lung volumes, effects of exercise on the repirsatory system.</p> <p><u>Unit 7 – Practical Sport</u></p> <p>Core PE - playing competitive games Sport - school level, extra-curricular</p> <p><u>Unit 22</u> Business studies: PESTLE and SWOT analysis and stakeholders</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>Maths – financing Business – promotion, resources, funding</p>
<p>HALF TERM 3: Anatomy and Physiology- KQ1 - Structure of the cardiovascular system</p> <ul style="list-style-type: none"> Structure of the cardiovascular system Structure of blood vessels Composition of blood <p>KQ2 - Function of the cardiovascular system</p> <ul style="list-style-type: none"> How the functions respond to exercise <p>KQ3 – Nervous control of the cardiac cycle</p> <ul style="list-style-type: none"> How control of the cardiac cycle changes during exercise <p>KQ4 – Responses of the cardiovascular system to a single exercise session</p>		<p>Unit 1- Anatomy and Physiology- BTEC Level 3 National Sport Book 1 – Cardiovascular system - https://www.jenreviews.com/cardiovascular-system-and-exercise/</p> <p>Thermoregulation - https://sites.uni.edu/dolgener/cardiovascular_phys/Electronic%20Articles/Thermoregulation%20During%20Exercise%20in%20heat.pdf</p> <p><u>Unit 7 – Practical Sport</u></p> <p><u>Tactics explained - team sports</u></p>





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<p>KQ5 – Adaptations of the cardiovascular system to exercise</p> <ul style="list-style-type: none"> • Long term effects of exercise, and the impact <p>KQ6 – Additional factors affecting the skeletal system</p> <ul style="list-style-type: none"> • SADS • Blood pressure • Hyperthermia/hypothermia <p>HT3 Unit 7 Practical Sports Performance KQ1 - What are the tactical demands of your chosen sports?</p> <ul style="list-style-type: none"> • Defending and attacking, e.g. formations, shot selections, movement, body position, phases of play, use of space. • Decision making. • Communication. • Environmental conditions. <p>Coaching for performance KQ1) Demonstrate effective planning of coaching for performance.</p> <ul style="list-style-type: none"> • Planning considerations • Planning for an individual session for performance • Planning for an overall series of sessions for performance. <p>Rules, Regulations and officiating in sport KQ3) Undertake the role of a match official in a competitive sport</p> <ul style="list-style-type: none"> • Officiating in a full match/ game • Review own performance <p>Investigating Business in Sport and the Active leisure industry KQ1 – Job roles and person specifications A) Job roles and responsibilities in the sport and active leisure industry (executive/owner, supervisor, sports leader/coach, support staff trainee, volunteer) B) Specifications and job descriptions determining the skills required, accountability and level of decision making.</p> <p>KQ2 – Types of employment A) Part time B) Full time C) Seasonal Roles D) Consultant E) Volunteers F) Franchises G) Benefits and risks of each employment type</p> <p>KQ3 – Human resource management A) Timetabling staff B) salaries C) conditions of employment</p> <p>KQ4 – Physical resource management</p>		<p>https://www.fourfourtwo.com/features/football-tactics-formations-explained-442-433-451-4231-most-common-how-beat-them</p> <p>https://protips.dickssportinggoods.com/sports-and-activities/basketball/basketball-101-common-defensive-strategies</p> <p><u>Unit 22</u> Job roles in the sport and active leisure industry - https://careers-in-sport.co.uk/careers/?industry_area=Sports%20Business</p> <p>Types of employment - https://www.zenefits.com/workest/the-types-of-employment-a-quick-reference-guide/</p> <p>Unit 19 – Development and Provision of Sport</p> <p>(BTEC National Sport: Student Book 1 (with ActiveBook), ISBN: 9781292134000)</p> <p>Unit 8- Coaching for performance https://www.ukcoaching.org/resources/topics/videos/how-to-plan-and-organise-a-coaching-session https://footballdna.co.uk/planning-structuring-coaching-sessions/</p> <p>Unit 25- Rules, Regulations and officiating in sport https://www.premierleague.com/referees Evaluation session- https://www.youtube.com/watch?v=Yeap7FbXi2g</p>
<p>KQ1 – Job roles and person specifications A) Job roles and responsibilities in the sport and active leisure industry (executive/owner, supervisor, sports leader/coach, support staff trainee, volunteer) B) Specifications and job descriptions determining the skills required, accountability and level of decision making.</p> <p>KQ2 – Types of employment A) Part time B) Full time C) Seasonal Roles D) Consultant E) Volunteers F) Franchises G) Benefits and risks of each employment type</p> <p>KQ3 – Human resource management A) Timetabling staff B) salaries C) conditions of employment</p> <p>KQ4 – Physical resource management</p>		<p>6 mark responses</p> <p>Unit 7 – Practical Sport Explaining the tactics used and putting forward ideas as to why they should be used. Advantages and disadvantages of tactics</p> <p><u>Unit 22</u> Write a job description and specification for a role in either a private, public or voluntary business.</p> <p>Unit 19 – Development and Provision of Sport</p>
<p>KQ3 – Human resource management A) Timetabling staff B) salaries C) conditions of employment</p> <p>KQ4 – Physical resource management</p>		<p>Explanation of the blood flow through the heart, with questions from peers</p> <p>Unit 7 – Practical Sport Why are some tactics used in given situations? Do specific situations in a game require the team to change the tactics and why?</p>





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<p>A) Resource planning (contracting, supplies and materials, changes in staffing needs, events and risk control)</p> <p>B) Resource maintenance (emergency cover, health and safety, assets, leasing options, maintenance and refurbishment, budgetary restraints)</p> <p>C) Importance of resource management (maximising skills/productivity/capacity, reducing risk/costs/wastage)</p> <p>Development and Provision of Sport</p> <p>KQ1 – Why is it important to measure sport development?</p> <ul style="list-style-type: none"> Understand methods of and the reasons behind measuring sports development. Understand the purpose, methods and importance of measuring sports development using sporting examples. Meeting aims, standardisation, improvement, impact, success measures: effects on participation, inclusion and progression, education, drug use, crime, regeneration, health and wellbeing, community cohesion. <p>KQ2 – How is sport development measured?</p> <ul style="list-style-type: none"> Methods of measuring sports development: benchmarks, quality schemes Key Performance Indicators (KPIs), primary data and secondary research. 		<p>Unit 22 Looking at different sports businesses (e.g. leisure centre, Nike shop, local football club) and discussing which roles would be available and on which type of employment.</p> <p>Unit 19 – Development and Provision of Sport https://www.sportengland.org/how-we-can-help/measuring-impact</p> <p>Sport England - Active Lives Survey</p> <p>https://www.sportengland.org/know-your-audience/data/active-lives</p>
<p>HALF TERM 4: Anatomy and Physiology-</p> <p>KQ1 - The role of ATP on exercise</p> <ul style="list-style-type: none"> The role of adenosine triphosphate (ATP) for muscle contraction in exercise <p>KQ2 - The ATP-PC system in exercise</p> <ul style="list-style-type: none"> The role of ATP-PC system in energy production for exercise <p>KQ3 – The lactate system in exercise</p> <ul style="list-style-type: none"> The role of lactate system in energy production for exercise <p>KQ4 - The aerobic system in exercise</p> <ul style="list-style-type: none"> The role of the aerobic system in energy production for exercise <p>KQ5 – Adaptations of the cardiovascular system to exercise</p> <ul style="list-style-type: none"> Long term effects of exercise, and the impact <p>KQ6 – Additional factors affecting the skeletal system</p> <ul style="list-style-type: none"> Diabetes Children’s lack of the lactate system <p>Sports Leadership</p> <p>KQ1- Different leadership roles</p>		<p>Unit 1- Anatomy and Physiology-</p> <p>BTEC Level 3 National Sport Book 1 – unit 1</p> <p>Energy system use in football - https://pdfs.semanticscholar.org/2cc7/7c84224d971d0a9f15a6d06fb3ff3323f9b5.pdf</p> <p>Effect of exercise on energy systems - https://www.jove.com/video/3413/determining-the-contribution-of-the-energy-systems-during-exercise</p> <p>Unit 4-</p> <p>Managerial roles and responsibilities - https://d1wqtxts1xzle7.cloudfront.net/43081375/JC_AD_Manuscript_2_18_14.pdf?1456463019=&response-content-disposition=inline%3B+filename%3DLeadership_and_Management_Skills_of_Juni.pdf&Expires=1593161189&Signature=eWLIgaTfnnCEPnPnkpBDusHeRvTaTNMv8E--ctCO3Cxatp7eKXzPOMwOknDR1dT2mxMMelQO5WdZnnLRpLyeetMZnZ0ImQODij2gHLalOcsCA-NRQASgAikItKslsT-RNauDtDWH8kzFyYWcKFRrBakJMkaSHFySKkTwCGDNGp21A=-Le3jJdT4QZkpbcDKvwWyLMbtWc440Jwk9hheu~GpDM31HVqcihMIFHbJvZ87U4o4Vhl~Ooil0WJv0FqtBiUYgflpWvHKKj1NwpDTMsl6xzgO0Dz6cZMQMQnEI70kXDO9RXIkVAm7fq15Wl</p>




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<p>A) Roles required in sport and exercise activities e.g. Coach, teacher, manager. B) Job descriptors of each role</p> <p>KQ2- Skills, qualities, characteristics and application</p> <p>A) Key skills of leaders in sport B) Key qualities of leaders in sport C) Key characteristics of leaders in sport D) Application of skills, qualities and characteristics in different roles E) Effective use of the skills, qualities and characteristics of a leader</p> <p>KQ3- Importance and effective use of skills, qualities and characteristics then leading.</p> <p>A) Importance of different leadership roles in sport e.g. to help athletes reach their potential, create the right conditions, educate participants.</p> <p>Application of fitness testing</p> <p>KQ1) Understand the principles of fitness testing</p> <p>A) Validity of fitness tests B) Reliability of fitness tests C) Practicality and suitability of fitness tests D) Ethical issues associated with fitness screening</p>		<p>mdJ~b2ybum4RtF3qGosIJK95sjQ &Key-Pair-Id=APKAJLOHF5GGSLRBV4ZA</p> <p><u>Unit 22</u></p> <p>Influence of social media on consumer behaviour- https://www.clutejournals.com/index.php/JBER/article/view/7623/7689</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>(BTEC National Sport: Student Book 1 (with ActiveBook), ISBN: 9781292134000)</p> <p>Unit 5- Application of fitness testing <u>Fitness testing protocols</u> https://www.bbc.co.uk/bitesize/guides/zw7wmnb/revision/3</p>
<p>HT4 Unit 7</p> <p>Practical Sports Performance</p> <p>KQ1 – How can you develop your skills In your chosen sports and apply them effectively in different situations?</p> <ul style="list-style-type: none"> • Safe and appropriate practical performance demonstration and participation • Demonstration of skills, techniques and tactics of the selected sports in a controlled environment. • The understanding of and the ability to demonstrate isolated practices/conditioned practices and competitive situations. • Understand and apply the rules and regulations to show effective use of skills and techniques and the correct application of each component • Understand and effectively use skills, techniques and tactics under pressure from opponents 		<p>6 mark responses</p> <p><u>unit 4</u> Practice assignment – Skills, qualities and characteristics for 1 leader that is marked (pink and green) and improved from feedback.</p> <p><u>Unit 22</u> Scenario of a new business plan, suggestions have to be offered around the financing, promotion and meeting the needs of the customer. Practice exams</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>What are the benefits and possible negative impacts of wider sport development? How can a large sporting event have significant impact on a local area or even nationally?</p>
<p>Unit 22</p> <p>KQ1 – Marketing 7 Ps</p> <p>A) Product B) Price C) Promotion D) Place E) People F) Process G) Physical environment</p> <p>KQ2 – Meeting the needs of the customer</p>		<p>Discussion on how the energy systems change and adapt when taking part in a team sport. Discussion around which energy system is more prominent in which sporting activity</p> <p>1st draft practice assignments to be Read aloud to a partner, conversation About improvements to follow.</p> <p><u>Unit 4</u> What are the differences between skills, qualities and characteristics and which type of leader would they be most useful to?</p> <p><u>Unit 22</u></p>





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<p>A) being knowledgeable about services, equipment, activities, facilities</p> <p>B) Highlighting benefits for the customer of promotions</p> <p>C) taking the initiative in communicating with customers (types of communication, listening, responding to complaints, customer special requirements)</p>		<p>Dragons den style pitch in teams. they have to come up with a sport or active leisure product and use the 7 Ps to detail their pitch</p> <p>Unit 19 – Development and Provision of Sport What are the positive and negative effects of wider sport development on infrastructure?</p>
<p>KQ3- Financing a business</p> <p>A) content and purpose of cash flow</p> <p>B) fixed and variable cost of business</p> <p>C) capital costs and operational costs</p> <p>D) equipment costs</p> <p>KQ4 – Financial records</p> <p>A) legal requirements</p> <p>B) sales</p> <p>C) payment of tax</p> <p>D) purchasing and ordering records</p> <p>E) wage of employees</p> <p>KQ5 – Trends</p> <p>A) New technologies</p> <p>B) influence of the media</p> <p>C) changes in national participation rates for different activities</p> <p>D) changes in participation and spectator numbers</p> <p>KQ6- developing products/services to take advantage of trends in sport</p> <p>A) Benefits (improvements and diversification of products, services and customer experience, business growth)</p> <p>B) Risks (failing to meet customer needs, failing to anticipate competitor activities, failing to achieve a return on investments)</p> <p>Development and Provision of Sport</p> <p>KQ4 – What is wider sport development and its impact on sport?</p> <ul style="list-style-type: none"> • Understand the impact of sports development on society, individuals within that society and the impact of major sports events, implementing an initiative and development of facilities using sporting examples. • Positive and negative impacts on infrastructure (physical structures, roads, communication links, facilities), environmental, political, ethical and cultural, economic status/wealth at a local, national and global level when: hosting an event, implementing an initiative or scheme, developing a facility or club. 		<p>Science – energy systems</p> <p>Careers/business - skills to be successful in sports.</p> <p>Unit 19 – Development and Provision of Sport</p> <p>Geography - links to human and physical geography. What are the effects on the environment.</p> <p>Politics – political views and their power to develop sport</p>





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<p>HALF TERM 5: Anatomy and Physiology</p> <ul style="list-style-type: none"> • Revision of all systems bespoke to individual needs • Mock papers to determine student understanding <p>Sports Leadership KQ1- psychological factors that impact leadership</p> <p>A) External factors e.g. Ringelmann effect, social loafing, team cohesion B) Internal factors e.g. attribution theory, self-esteem, past experiences. C) Importance of psychological factors e.g. safety, environment, goals.</p> <p>KQ2- Leadership and psychological factors – understanding of what effective leadership looks like</p> <p>A) Leadership theories/form e.g. situational leadership, transformational leadership B) understanding of leadership e.g. clear vision, planning, organising and setting clear objectives, decision making.</p> <p>Application of fitness testing KQ2) Explore fitness tests for different components of fitness</p> <p>A) Fitness tests to assess components of physical fitness B) Fitness tests to assess components of skill-related fitness C) Planning of tests D) Administration of tests</p> <p>HT5 Unit 7 Practical Sports Performance KQ1 - How can you successfully demonstrate and record your development and performance in your 2 chosen sports?</p> <ul style="list-style-type: none"> • Record and review practical sessions • understand how to set up closed, conditioned and competitive SSG • Officiate competitive games to demonstrate knowledge and application of the rules and regulations. <p>Development and Provision of Sport KQ1 – What is the medias role in sport development and what is commercialisation in sport and its effects on sports development?</p> <ul style="list-style-type: none"> • Understanding the different types of media: TV, satellite, social networks, press, newspapers, online media at a local, national and international level. 		<p>BTEC Level 3 National Sport Book 1 – unit 1</p> <p>Revision guides</p> <p><u>Unit 4</u> Leadership theories - https://www.verywellmind.com/leadership-theories-2795323</p> <p>Psychology in leadership http://www.blackwellpublishing.co.uk/content/hewstonesocialpsychology/chapters/chapter13.pdf</p> <p>Unit 7 – Practical Sport https://www.sportplan.net/</p> <p>https://coachad.com/articles/drills-exercises-to-help-athletes-across-multiple-sports/</p> <p>Unit 19 – Development and Provision of Sport</p> <p>(BTEC National Sport: Student Book 1 (with ActiveBook), ISBN: 9781292134000)</p> <p>https://www.bbc.co.uk/bitesize/guides/zsx7tyc/revision/4</p> <p>https://www.jroscoe.co.uk/downloads/edexcel_pe_for_alevel_year2/ch7_answers.pdf</p> <p>Unit 5- Application of fitness testing <u>Fitness testing protocols</u> https://www.bbc.co.uk/bitesize/guides/zw7wmnb/revision/3</p> <p>https://www.topendsports.com/testing/protocols-adults.htm</p>
		<p><u>Unit 4</u> Timed written piece on how different psychological factors can impact leadership. Students then pink and green the work and have an opportunity to improve.</p> <p>Unit 7 – Practical Sport Written plans of practical sessions Reviews of the session. WWW and EBI</p> <p>Unit 19 – Development and Provision of Sport</p> <p>How can commercialisation be ethical. written understanding of the media and its effects on sports development</p>





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<ul style="list-style-type: none"> • Uses of media in sport: coverage, reporting, advertising, recruiting, funding, promoting. <p>KQ2 – What is commercialisation in sport?</p> <ul style="list-style-type: none"> • Understand the need for sustainable commercialisation for sports development and the impact it has on sports using sporting examples. • Sustainable commercialisation: funding sources, budgeting, income and expenditure, distribution of funds – maintenance, staffing, resources, investment. • Ethics of commercialisation: appropriate sponsorship and funding, Fairtrade resourcing. • Understand of the role of media and commercialisation in sport, the relationship between them and their influence on sports and sports development using sporting examples. 		<p><u>Unit 4</u> Which leadership theories would be useful to follow in different roles?</p> <p>Unit 7 – Practical Sport Discussing why certain drills are useful in developing skills and tactics. What other ways could the drill be progressed to develop the player?</p> <p>Are there non-sport specific exercises that can aid performance?</p> <p>Unit 19 – Development and Provision of Sport What role do the media have in the development of sport? How can the media work beneficially and negatively for an athlete of a sport?</p>
<p>HALF TERM 6: Sports Leadership</p> <p>KQ1- expectations of leadership A) Effective leadership roles B) Expectations of effective leadership in a team</p> <p>KQ2- Practical skills required for different leadership styles A) Practical skills e.g. transactional, transformational and situational B) Types of effective leadership styles e.g. autocratic, democratic, laissez-faire.</p> <p>KQ3- Leading a sport and exercise activity A) aims and objectives B) SMARTER targets C) Designated leadership role D) Ideal effective leadership E) Ideal leadership style</p> <p>KQ4- Effectiveness and impact of leadership on a sport and exercise activity A) effectiveness against aims and objectives B) effectiveness against SMARTER Targets C) strengths and areas for improvement D) effective leadership E) Against other style leadership F) suggestions for future improvement with a clear action plan.</p> <p>Application of fitness testing KQ3) Undertake evaluation and feedback of fitness test results</p>		<p><u>Unit 4</u> Leadership and athlete satisfaction- https://d1wqtxts1xzle7.cloudfront.net/48865980/COACHING_LEADERSHIP_STYLES_AND_ATHLETE.pdf?1473972393=&response-content-disposition=inline%3B+filename%3DCOACHING_LEADERSHIP_STYLES_AND_ATHLETE_S.pdf&Expires=1593169428&Signature=PjdWOWkNmrvbaBEEPrBGzQk1KzI3aVDIbElvVMXpuORR8do3dIPLo5S~50~m4~jK-WNMeNOYu3dAvdfxHgklfcMHFARaLSVnJOVzSAV8m9RzhhWPkxp7zfKaJ56pxicRkESJnOtfJyQ366zjYGqb~SJY-qLOXwJlbU3qgzfZuxCzuSmGjLA50WY~kgTyop2qUelW1pLSoDHJc2BVRGZ7dj~uHCVIOj95~DtlgXARzYknrKABUm1RuBQEH7uwxwZXbJWdzcZ2JyMLmY0WdpqXzpQaJjwq9xGTxcsoVBicmfow-e1IfdsczCXAE7QLXcXHRgDh-X8yn-hEG~qg_&Key-Pair-Id=APKAJLOHF5GGSLRBV4ZA</p> <p>Unit 7 – Practical Sport www.brianmac.co.uk - performance analysis SWOT – Performance profiling</p> <p>Performance analysis in sport - https://www.sportperformanceanalysis.com/article/what-is-performance-analysis-in-sport</p> <p>Unit 19 – Development and Provision of Sport (BTEC National Sport: Student Book 1 (with ActiveBook), ISBN: 9781292134000)</p>



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<p>A) Produce a fitness profile for a selected sports performer B) Provide feedback to a selected sports performer</p> <p>HT6 Unit 7 Practical Sports Performance KQ1 - What are the most effective methods of assessing practical performance in sport?</p> <ul style="list-style-type: none"> • Reflect on your own practical performance using selected assessment methods • SWOT (strengths, weaknesses, opportunities, threats) analysis, performance profiling. • Use of technology (e.g. Dartfish®, video recordings). • Testing. • Interviews. • Subjective. • Observations. • Objective performance data. <p>KQ2 - How can we selected methods to review our own performance?</p> <ul style="list-style-type: none"> • Review performance in the selected sports Using the selected assessment methods, review the performance • Strengths and areas for improvement: skills and techniques, tactics, application of rules, effectiveness of decision making. • Developments to improve performance Following the review, how would you improve the performance? • Activities to improve performance: aims and objectives, short- and long-term goals, SMART (specific, measurable, achievable, realistic, timebound), opportunities, e.g. training programmes, attending courses, qualifications, where to seek help and advice. <p><u>Development and Provision of Sport</u> KQ1 – How can we write a proposal for sports development using real life scenarios?</p> <ul style="list-style-type: none"> • Understand how to write a proposal to develop sport, implement an initiative and develop facilities and its role in sports development using sporting examples. • Understand the process of proposal writing and the rationale for decisions made within the proposal. • Preparatory research for proposal writing. • Creation of relevant targeted aims towards proposed event, initiative or 		<p>https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/teaching-and-learning-materials/BTECNational_Sport_Unit19.pdf</p> <p>https://qualifications.pearson.com/content/dam/pdf/BTEC-Nationals/Sport/20161/specification-and-sample-assessments/Sample-assessment-material-Unit-19-Development-and-Provision-of-Sport-and-Physical-Activity.pdf</p> <p>https://edexcelonline.pearson.com/Account/Login.aspx?spid=12ba432a-853b-479a-95b2-777fb1e31a75&spref=https%3A//qualifications.pearson.com/content/dam/secure.html?forwardResource=/content/dam/secure/silver/all-uk-and-international/btec-nationals/sport/2016/teaching-and-learning-materials/In-depth%20Lead%20Examiner%20talk%20through%20of%20the%20Nationals%20in%20Sport%20June%202019%20examination%20paper%20Unit%2019.zip</p> <p>Unit 5- Application of fitness testing https://www.domyos.co.uk/advice/whats-your-fitness-profile-a_205762</p>
		<p><u>Unit 4</u> Practice assignment that is timed, peer assessed and feedback is provided and improvements made.</p> <p><u>Unit 7 – Practical Sport</u></p> <p>Descriptions of each methods of performance analysis. Explaining how they are used and the advantages and disadvantages of using them</p> <p><u>Unit 19 – Development and Provision of Sport</u></p> <p>Sample assessment materials</p> <p>Writing proposals for the development and provision of sport</p>
		<p><u>Unit 4</u> Whole class discussion and feedback give on practice assignment. Discussion on how to improve the main errors.</p> <p><u>Unit 7 – Practical Sport</u></p> <p>Why might some methods of performance analysis lend themselves better to some sport than others?</p> <p><u>Unit 19 – Development and Provision of Sport</u> What are the potential proposed activities that could aid the development of sport?</p> <p>How can physical, human and financial resources be used to aid the development and provision of sport?</p>



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scheme, development of a facility or club.

- Considerations of current research sources reflective of current trends, interpretation of data.

KQ2– How is the proposal formed?

- Aims: based on research, targeted towards participation, inclusivity or progression of a proposed event, initiative or scheme, development of a facility or club.
- Performance indicators: based on research measurement of targeted aims of a proposed event, initiative or scheme, development of a facility or club.
- Proposed activities: based on research activity themes: participation event, spectator event, promotional, social event, charity event, health and wellbeing event
- Selection of relevant activities for proposed event, initiative or scheme, development of a facility or club to meet its aims
- Appropriate timeframe for proposed activities to meet aims
- Consideration (realistic) of cost, logistics and technical competence.
- Resources: based on research selection of appropriate resources for proposed event, initiative or scheme, development of a facility or club (human resources, financial resources, physical resources) o consideration (realistic) of cost, logistics and technical competence.



Unit 4

Careers/business – leadership in the workplace/how to be an effective leader

Unit 7 – Practical Sport

Science reports and analysis of test results
Maths - numbers and scoring on performance profiles

Unit 19 – Development and Provision of Sport

English - Writing to argue or persuade