














2022-23 CURRICULUM MAP FOR PSHE YEAR 11

<p>HALF TERM 1: Health & wellbeing Topic: Building for the future - Self-efficacy, stress management, and future opportunities</p> <p>Key Question 1: What do I think of me? How to manage the judgement of others and challenge stereotyping How to balance ambition and unrealistic expectations How to develop self-efficacy, including motivation, perseverance and resilience How to maintain a healthy self-concept</p> <p>HALF TERM 1 Theme: Black History Month Topic: Diversity & prejudice</p> <p>Key Question 1: Key Question 1: How have people of colour impacted Britain? Profiles of Dr Harold Moody, John La Rose, Kemi Badenoch, Amanda Alridge and Jessica Huntley</p>		Students will read extracts and information to enhance knowledge of specific issues and topics raised.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work to share ideas about their own opinions Class discussion on issues raised in unit.
		English – Writing tasks required sentence and paragraph structures. British Values History - Windrush
<p>HALF TERM 2 Health & wellbeing Topic: Building for the future - stress management, future opportunities</p> <p>Key Question 1: What is stress? The nature, causes and effects of stress Stress management strategies, including maintaining healthy sleep habits</p> <p>Key Question 2: How do I create future opportunities online? Positive and safe ways to create content online and the opportunities this offers How to balance time online</p>		Students will read extracts and information to enhance knowledge of specific issues and topics raised.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work to share ideas about their own opinions Class discussion on issues raised in unit.
		English – Writing tasks required sentence and paragraph structures. British Values Online safety
<p>HALF TERM 3: Theme: Relationships Topic: Communication in relationships - Personal values, assertive communication (including in relation to contraception and sexual health), relationship challenges and abuse</p> <p>Key Question 1: How do I tell them? Core values and emotions Gender identity, gender expression and sexual orientation How to communicate assertively How to communicate wants and needs</p> <p>Key Question 2: Am I in an unhealthy relationship? How to handle unwanted attention, including online</p>		Students will read extracts and information to enhance knowledge of specific issues and topics raised.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work to share ideas about their own opinions Class discussion on issues raised in unit.



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How to challenge harassment and stalking, including online Various forms of relationship abuse Unhealthy, exploitative and abusive relationships How to access support in abusive relationships and how to overcome challenges in seeking support		English – Writing tasks required sentence and paragraph structures. British Values
HALF TERM 4: Theme: Health and Wellbeing Topic: Independence - Responsible health choices, and safety in independent contexts Key Question 1: How do I keep myself safe? How to assess and manage risk and safety in new independent situations (e.g. personal safety in social situations and on the roads) Emergency first aid skills How to assess emergency and non-emergency situations and contact appropriate services The links between lifestyle and some cancers Key Question 2: How do I take care of myself? The importance of screening and how to perform self examination Vaccinations and immunisations Registering with and accessing doctors, sexual health clinics, opticians and other health services How to manage influences and risks relating to cosmetic and aesthetic body alterations Blood, organ and stem cell donation		Students will read extracts and information to enhance knowledge of specific issues and topics raised.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work to share ideas about their own opinions Class discussion on issues raised in unit.
		English – Writing tasks required sentence and paragraph structures. Science – Vaccinations, blood, organ and stem cell donation. British Values
HALF TERM 5: Theme: Relationships Topic: Families - Different families and parental responsibilities, pregnancy, marriage and forced marriage and changing relationships Key Question 1: What makes a good parent? Different types of families and changing family structures How to evaluate readiness for parenthood and positive parenting qualities Fertility, including how it varies and changes Pregnancy, birth and miscarriage Unplanned pregnancy options, including abortion Adoption and fostering How to manage change, loss, grief and bereavement Key Question 2: What is forced marriage? 'Honour based' violence and forced marriage and how to safely access support		Students will read extracts and information to enhance knowledge of specific issues and topics raised.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work to share ideas about their own opinions Class discussion on issues raised in unit.
		English – Writing tasks required sentence and paragraph structures. Science – IVF, Abortion and miscarriage Rs - Abortion British Values
HALF TERM 6: Exams		
		



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