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<p>HALF TERM 1: Theme: Health & wellbeing Topic: Drugs and alcohol - Alcohol and drug misuse and pressures relating to drug use</p> <p>Key Question 1: What are drugs? Medicinal and reactional drugs The over-consumption of energy drinks</p> <p>HALF TERM 1 Theme: Black History Month Topic: Diversity & prejudice</p> <p>Key Question 1: Key Question 1: How have people of colour impacted Britain? Profiles of Dr Harold Moody, John La Rose, Kemi Badenoch, Amanda Alridge and Jessica Huntley</p>		Students will read extracts and information to enhance knowledge of specific issues and topics raised.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work to share ideas about their own opinions Class discussion on issues raised in unit.
		English – Writing tasks required sentence and paragraph structures. British Values History - Windrush
<p>HALF TERM 2: Theme: Health & Well being / Relationships Topic : Dealing with external pressures relating to drug use.</p> <p>Key Question 1: Why are some things I can buy over the counter dangerous? The relationship between habit and dependence How to assess the risks of alcohol, tobacco, nicotine and e-cigarettes</p> <p>Key Question 2: How do you deal with pressures relating to drug use? How to manage influences in relation to substance use How to recognise and promote positive social norms and attitudes</p>		Students will read information provided to enhance knowledge.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work
		English – writing tasks required sentence and paragraph structures. British Values
<p>HALF TERM 3: Theme: Relationships Topic: Discrimination - Discrimination in all its forms, including: racism, religious discrimination, disability, discrimination, sexism, homophobia, biphobia and transphobia</p> <p>Key Question 1: Why is there discrimination?</p> <p>How to manage influences on beliefs and decisions group-think and persuasion How to develop self-worth and confidence Gender identity, transphobia and gender-based discrimination</p> <p>Key Question 2: How do we challenge discrimination ? How to recognise and challenge homophobia and biphobia How to recognise and challenge racism and religious discrimination</p>		Students will read information provided to enhance knowledge.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions - SHAPE Reading aloud Paired work
		English – writing tasks required sentence and paragraph structures. British Values



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HALF TERM 4: Theme: Health & wellbeing Topic: Emotional wellbeing - Mental health and emotional wellbeing, including body image and coping strategies Key Question 1: What is mental health? Attitudes towards mental health How to challenge myths and stigma Key Question 2: How can I manage my own mental health? Daily wellbeing How to manage emotions How to develop digital resilience Unhealthy coping strategies (e.g. self-harm and eating disorders) Healthy coping strategies		Students will read information provided to enhance knowledge.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions - SHAPE Reading aloud Paired work
		English – Writing tasks required sentence and paragraph structures. British values
HALF TERM 5: Theme: Relationships Topic: Identity and relationships Gender identity, sexual orientation, consent, 'sexting', and an introduction to contraception Key Question 1: What is a healthy relationship? The qualities of positive, healthy relationships How to demonstrate positive behaviours in healthy relationships Gender identity and sexual orientation Forming new partnerships and developing relationships Key Question 2: How do I stay healthy? The law in relation to consent That the legal and moral duty is with the seeker of consent How to effectively communicate about consent in relationships The risks of 'sexting' and how to manage requests or pressure to send an image Basic forms of contraception, e.g. condom and pill		Students will read information provided to enhance knowledge.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work
		English – writing tasks required sentence and paragraph structures.
HALF TERM 6: Theme: Living in the wider world Topic: Digital literacy - Online safety, digital literacy, media reliability, and gambling hooks Key Question 1: How do I stay safe online? Online communication How to use social networking sites safely How to recognise online grooming in different forms, e.g. in relation to sexual or financial exploitation, extremism and radicalisation How to respond and seek support in cases of online grooming How to recognise biased or misleading information online Key Question 2: How do I know what to trust online? How to critically assess different media sources How to distinguish between content which is publicly and privately shared		Students will read information provided to enhance knowledge.
		Students will complete written tasks to demonstrate knowledge and understanding.
		Vocalising ideas and opinions -SHAPE Reading aloud Paired work
		English –writing tasks required sentence and paragraph structures. ICT/ Computing – Online Safety/ Digital literacy



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Age restrictions when accessing different forms of media and how to make responsible decisions How to protect financial security online How to assess and manage risks in relation to gambling and chance-based transactions		
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