

Ormiston NEW Academy PSHE Curriculum Map

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	How do I recognise poor mental health?	How can I manage stress?
	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?	How is mental health portrayed in the media?	How can I deal with disappointment?
	3	What is self-esteem?	What crimes occur near me?	How can I verify information?	What are eating disorders?	How do I manage the judgement of others?
	4	What makes a relationship healthy?	Who is involved in the legal process?	How might I be manipulated?	How can I cope with grief?	How do I balance ambition and unrealistic expectations?
	5	How are families different?	Are all courtrooms the same?	How can I REVIEW my news?	How can I develop my resilience?	How do I develop self efficacy?
	6	What do healthy friendships look like?	How am I influenced?	What is body image?	How can I optimise my physical health?	How do I balance time online?
	7	What is bullying?	What do I need to know about gangs?	How might the media influence how I feel about the way I look?	What do I remember about essential first aid?	How might my health affect my exam performance?
Autumn 2	8	What is cyberbullying?	What should I know about knife crime?	How might drugs affects us?	How can I identify meningitis and strokes?	What is phishing?
	9	How can I take a stand when I see bullying happening?	What is grooming?	Why do people use drugs?	What else should I know about drugs and alcohol?	How do loans and mortgages work?
	10	Is everyone treated equally?	What does 'county lines' mean?	Why might people use steroids?	What are the wider effects of vaping?	Allow loss of lessons for Mocks
	11	What are stereotypes?	What is extremism?	What does the law say about drugs?	What is cancer?	
	12	How might people with disabilities be treated?	What are hate crimes?	What risks are linked to drug use?	How can I examine myself?	Do I really need insurance?
	13	How can we deal with racism?	How can I share key information about crime with others?	What is addiction?	What parts of our bodies can be donated to others?	What are pensions?
	14	What support can I offer to others?	How can I share key information about crime with others?	Should cannabis be legalised?	What services are available to manage my health?	How are taxes calculated?
Spring 1	15	What is health?	What does caffeine do to my body?	What is mental health?	What are human rights?	Where does the government spend our money?
	16	How can screentime affect my health?	What are prescription drugs?	What myths and stereotypes are there about mental health?	How can we balance human rights?	What is devolution?
	17	How much sleep should I be getting?	What are units?	How do I manage my own mental health?	Do I have the right to say whatever I want?	Am I allowed to vote?
	18	What are the benefits of physical activity?	What are the physical effects of drinking alcohol?	How do I manage my emotions?	Should my privacy be protected at all costs?	How can I vote in a General Election?
	19	How can I manage my personal hygiene? (inc. germs)	What are the social effects of drinking alcohol?	How can social media affect me?	Is everyone free to practice the faith of their choice?	Is our current electoral system fair?
	20	How can I look after my teeth?	How can I manage influence and pressure around alcohol?	What are healthy coping strategies?	How does the law try to protect victims of FGM and GBV?	How democratic is the UK?
Spring 2	21	Is vaping harmful to my body?	Which common health conditions should I know about?	What does a democratic country look like?	How might people show their commitment to their partner?	How realistic is pornography?
	22	What are the physical changes of puberty?	How can I help someone who is choking or who is hurt?	How else might a country be run?	What are my personal boundaries?	How can I maturely end a relationship?
	23	What happens during menstruation?	What is CPR, and how do defibrillators work?	Who holds power in the UK?	What is sexual harassment?	What does stalking look like?
	24	What are the emotional aspects of puberty?	What do antibiotics do to my body?	What does the Cabinet do?	What risks might be involved in sexual acts?	Where can I access sexual health services?
	25	FGM	How do vaccinations work?	What is foreign aid?	What other forms of contraception exist?	Catch-up
	26	How can I share key information about puberty with young people?	Should vaccinations be compulsory?	What advice would I give to the Cabinet in an emergency?	What factors might affect my fertility?	
Summer 1	27	What is a risk?	#WeWill and Youth Social Action	What do healthy, romantic relationships look like?	What options does someone have if they are pregnant?	Exams
	28	How can I be safe on, and near, the road?	#WeWill and Youth Social Action	What is consent?	What happens during pregnancy? (inc. miscarriage, FASD)	
	29	How can I be safe near train lines?	#WeWill and Youth Social Action	What does the law say about sharing nudes?	Are all parents the same?	
	30	How can I be safe around water?	#WeWill and Youth Social Action	What are potential signs of abuse?	How might citizens become involved in the legal system?	
	31	How can I be safe online?	#WeWill and Youth Social Action	How are condoms used?	How do courts decide on sentences? (Prisons extension)	
Summer 2	32	What do young carers do?	Which documents can help me to keep track of my money?	What are STIs?	What is international law?	Exams
	33	Can young people make a change?	What are my rights as a consumer?	Are sexuality and gender identity the same thing?	What does the UK have to do with the Commonwealth?	
	34	What is Parliament?	Is a budget actually useful?	How have attitudes towards sexuality changed over time?	What does the UK have to do with the United Nations?	
	35	How are political parties similar and different?	How effectively can I budget for a real-world scenario?	How have attitudes towards gender changed over time?	Allow loss of lessons for Mocks	
	36	What would my platform for election look like?	How effectively can I budget for a real-world scenario?	How have attitudes towards race changed over time?	Careers & Work Experience: TBC	
	37	What happens in a General Election?	How does credit work?	Assessment: Citizen action	Careers & Work Experience: TBC	
	38	What do MPs do?	Should gambling be banned?	Assessment: Citizen action	Careers & Work Experience: TBC	

Careers and Economic & Financial Education

Citizenship Education

Health Education

Relationships & Sex Education