

Ormiston NEW Academy PSHE Curriculum Map

		Year 7	Year 8	Year 9	Year 10	Year 11
Autumn 1	1	What are first impressions?	How do rules and laws differ?	What is news?	How do I recognise poor mental health?	How can I manage stress?
	2	Who am I?	Where do laws come from?	How can I judge the reliability of a news article?	How is mental health portrayed in the media?	How can I deal with disappointment?
	3	What is self-esteem?	What crimes occur near me?	How can I verify information?	What are eating disorders?	How do I manage the judgement of others?
	4	What is a risk?	Who is involved in the legal process?	How might I be manipulated?	How can I cope with grief?	How do I balance ambition and unrealistic expectations?
	5	How can I be safe on, and near, the road?	Are all courtrooms the same?	How can I REVIEW my news?	How can I develop my resilience?	How do I develop self efficacy?
	6	How can I be safe near train lines?	How am I influenced?	What is body image?	How can I optimise my physical health?	How do I balance time online?
	7	How can I be safe around water?	Coercive Friendships	How might the media influence how I feel about the way I look?	What do I remember about essential first aid?	How might my health affect my exam performance?
	8	How can I be safe online?	Serious and Organised Crime	How might drugs affects us?	How can I identify meningitis and strokes?	Mock Exams
Autumn 2	1	What do young carers do?	What do I need to know about gangs?	Why do people use drugs?	What else should I know about drugs and alcohol?	Mock exams
	2	What makes a relationship healthy?	What should I know about knife crime?	Why might people use steroids?	What are the wider effects of vaping?	Long Term Commitments
	3	How are families different?	What is grooming?	What does the law say about drugs?	What is cancer?	<i>The Legal Status of Marriage</i>
	4	What do healthy friendships look like?	What does 'county lines' mean?	What risks are linked to drug use?	How can I examine myself? (School Nurses)	Parenting
	5	What is bullying?	What is extremism?	What is addiction?	How can I examine myself? (School Nurses)	Valuing Diversity
	6	What is cyberbullying?	What are hate crimes?	Should cannabis be legalised?	What parts of our bodies can be donated to others?	Addressing Extremism
	7	How can I take a stand when I see bullying happening?	How can I share key information about crime with others?	Why do people use drugs?	What services are available to manage my health?	Extremism
Spring 1	1	What is health?	What does caffeine do to my body?	What is mental health?	What are human rights?	Where does the government spend our money?
	2	How can screentime affect my health?	What are prescription drugs?	How do I promote emotional well being?	How can we balance human rights?	What is devolution?
	3	How much sleep should I be getting?	What are units?	What impact does social media have on my mental health?	Do I have the right to say whatever I want?	Am I allowed to vote?
	4	What are the benefits of physical activity?	What are the physical effects of drinking alcohol?	How do I manage my emotions?	Should my privacy be protected at all costs?	How can I vote in a General Election?
	5	How can I manage my personal hygiene? (inc. germs)	What are the social effects of drinking alcohol?	What are healthy coping strategies?	Is everyone free to practice the faith of their choice?	Is our current electoral system fair?
	6	How can I look after my teeth?	How can I manage influence and pressure around alcohol?	How do I manage change, loss and grief?	How does the law try to protect victims of FGM and GBV?	How democratic is the UK?
Spring 2	1	Is vaping harmful to my body?	Which common health conditions should I know about?	What does a democratic country look like?	How might people show their commitment to their partner?	How realistic is pornography?
	2	What are the physical changes of puberty?	How can I help someone who is choking or who is hurt?	How else might a country be run?	What are my personal boundaries?	How can I maturely end a relationship?
	3	What happens during menstruation?	What is CPR, and how do defibrillators work?	Who holds power in the UK?	What is sexual harassment?	What does stalking look like?
	4	What are the emotional aspects of puberty?	What do antibiotics do to my body?	What does the Cabinet do?	What risks might be involved in sexual acts?	Where can I access sexual health services?
	5	FGM	How do vaccinations work?	What is foreign aid?	What other forms of contraception exist? (School Nurses)	Catch-up
	6	How can I share key information about puberty with young people?	Should vaccinations be compulsory?	What advice would I give to the Cabinet in an emergency?	What factors might affect my fertility?	
Summer 1	1	Is everyone treated equally?	<i>Attitudes towards Mental Health</i>	What do healthy, romantic relationships look like?	What options does someone have if they are pregnant?	Exams
	2	What are stereotypes?	<i>Promoting Emotional Health and Well Being</i>	What is consent?	What happens during pregnancy? (inc. miscarriage, FASD)	
	3	How might people with disabilities be treated?	<i>Digital Resilience</i>	What does the law say about sharing nudes?	Are all parents the same?	
	4	How can we deal with racism?	<i>Online Sexual Harassment</i>	What are potential signs of abuse?	How might citizens become involved in the legal system?	
	5	What support can I offer to others?	<i>Responding to Online Sexual Harassment</i>	How are condoms used? (School Nurses)	How do courts decide on sentences? (Prisons extension)	
Summer 2	1	Can young people make a change?	How to Report Online Sexual Harassment	What are STIs? (School Nurses)	What is international law?	
	2	What is Parliament?	Internet Citizens Fact Vs Fiction	Are sexuality and gender identity the same thing?	What does the UK have to do with the Commonwealth?	
	3	How are political parties similar and different?	Internet Citizens Three Sides to Every Story	How have attitudes towards sexuality changed over time?	What does the UK have to do with the United Nations?	
	4	What would my platform for election look like?	Internet Citizens Us Vs Them	How have attitudes towards gender changed over time?	Catch Up	
	5	What happens in a General Election?	Internet Citizens Speaking Up Speaking Out	How have attitudes towards race changed over time?	Mock Exams	
	6	What do MPs do?	Internet Citizens Becoming an Internet Citizen	<i>Assessment: Citizen action</i>	Mock Exams	

Citizenship Education

Health Education

Relationships & Sex Education